



BUDDHISM

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Buddhism

1. Siddhartha Gautama was the founder of **Buddhism**.
2. Born in 563 BC in Lumbini near **Kapilavastu , Nepal**.
3. His father, Suddhodana, who was the chief of the state **Kapilvastu** and **Shakya clan**.
4. Mother name – **Mahamaya**.
5. Step mother – **Gautami**.
6. He was married at the age of **16 to Yashodhara**.
7. Son name – Rahul.
8. Siddhartha left home with channa and with his favorite horse 'Kanthaka at the age of 29 .
9. His first teacher was **Alara Kalama**.
10. His second teacher was **Udraka Ramputra**.
11. At the age of 35 he attained 'Niravana' or 'Enlightenment' at Bodh Gaya in Bihar under a peepal tree.
12. Buddha meaning '**the wise one**'.
13. He gave his first **Sarman** to five people at **Sarnath near Varanasi**.
14. This is called '**Dharmachakrapravartana**' or '**Turning of the wheel of law**'.
15. He passed away at **Kushinagar 483 BC**, Uttar Pradesh at the age of 80.
16. The literary sources of Buddhism are the three — **Tripitaka written in Pali**

Four sights changed his life.

1. He saw an old man,
2. A sick man,
3. A Dead body,
4. An ascetic.

Four Noble Truths:

1. The world is full of sufferings.
2. The main reason of suffering is desire.
3. One can end his problems by overcoming his desires.
4. To end desires, one must have to follow the eight – fold path.

Buddhism : The Eight – fold Path

Dharmachakra is a Buddhist emblem.

1. Right Understanding
2. Right Resolve
3. Right Speech
4. Right Action
5. Right Living
6. Right Efforts
7. Right Mindfulness/thought
8. Right Self-Concentration.

Buddhism : Council's Outcomes

- First Council- 483 BC , RAJGRIHA
- Second Council- 383 BC , VAISHALI
- Third Council- 250 BC , PATLIPUTRA
- Fourth Council- 72 AD , KASHMIR



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